## Midwest Ear Nose and Throat Is Here For You Through COVID-19

At Midwest Ear Nose and Throat, patient safety and quality of patient care are our highest priorities. Our practice remains open to see patients for their healthcare needs at this time. We are also available for telemedicine appointments which can be scheduled by calling our office at, (913) 764-2737.

#### Safety remains a top priority. We:

- Have CDC recommended protocols in place to ensure the highest level of coronavirus (COVID-19) prevention
- Are screening patients before and at their appointment times so that symptomatic patients will be properly masked and isolated to protect our patients and staff
- o Have the appropriate supplies and staff at your visit

# Should I keep my appointment?

Yes, we are open and seeing previously scheduled patients at this time, but please call to confirm your appointment. If you have cough, fever, chest tightness, shortness of breath, sore throat, or have been exposed to someone who has tested positively for covid-19, please call to reschedule your appointment.

## Can visitors come to my appointment with me?

Please attend your appointment alone if at all possible. The only exceptions are a single caregiver for a minor patient, a patient with a disability, or a patient otherwise needing assistance. You may be screened at the entrance to our doctors building, and some entrances may be closed. We recommend you use the main entrance to Doctors' Building #1 at the revolving door.

#### How can I schedule a telemedicine/virtual appointment?

Please call our office at (913) 764-2737 to schedule a virtual visit with your doctor. This service is open to all existing and new patients. Please keep in mind that some medical conditions are not adequately served by a virtual visit alone and may require an in-office evaluation if possible.

## What are the symptoms of COVID-19?

Symptoms of COVID-19 appear 2-14 days after exposure in most cases. These can range from mild to severe:

- o Fever
- o Cough
- Shortness of breath
- Chest Tightness

#### How is COVID-19 spread?

COVID-19 is spread by close person-to-person contact from droplets from a cough, sneeze or by touching a surface that has the virus on it. Once the virus is on your hand, it can be transmitted to your mouth, nose or eyes as a portal for infection.

## How can I protect myself and others from COCID-19?

Public health officials recommend the following for preventing the spread of respiratory viruses, including COVID-19:

- Avoid close contact with people who are sick
- o Avoid touching your eyes, nose, and mouth
- o Cover your cough or sneeze with tissue, then dispose of that tissue
- Wash your hands often, either using soap and water or alcohol-based hand gel for at least 20 seconds
- o Clean and disinfect frequently touched objects in your environment often

#### If I have any of these symptoms what should I do?

If you have fever, new cough (within the last 2 weeks), shortness of breath, tightness in the chest, please stay at home in isolation and contact your primary care physician for further direction. We also ask that you call our office to reschedule your appointment with us. If symptoms are moderate to severe, please call 911 or proceed to your local emergency room if you are unable to reach your primary care physician.

# Stay informed

We are closely monitoring COVID-19 developments through our partnership with local and state health departments, local hospitals, The American Academy of Otolaryngology, American College of Surgeons, and other associations. You may access the CDC's Coronavirus Disease 2019 (COVID-19) hub to stay informed at the links below:

https://www.cdc.gov/coronavirus/2019-ncov/index.html

http://www.kdheks.gov/coronavirus/